

A black stethoscope is draped over a blue clipboard. A magnifying glass is positioned at the bottom center of the clipboard. The background is white with abstract shapes in blue, orange, and dark blue.

# **HOSA OCTOBER MEETING**

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10/14/2020  
First Informational Meeting

# BOARD MEMBERS



## CHAPTER #15385

President: Ali Davidov

President-Elect: Nour Shokkr

Vice President: Olivia Schick

Secretary: Camryn Boyette

Parliamentarian: Micah Yam

Historian: Juliana Lopez

## CHAPTER #1538

President: Harmoni Stanford

President-Elect: Sama Shokr

Vice President: Lilly Pan

Secretary: Jacqueline Young

Parliamentarian: Esther

Breitling

Historian: Kailey Swiech

# WHAT IS HOSA?

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- Health Occupation Students of America
- Medically based club designed to encourage students to pursue a career in the medical field.
- Compete in regional/state/international competitions
- The mission of HOSA is to empower HOSA-Future Health Professionals to become leaders in the global health community through education, collaboration, and experience.



# WHAT WE DO

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## COMPETITIONS:

Competitive events are offered in a variety of different topics/ fields, including health science, health professions, emergency preparedness, leadership, teamwork, recognition, and testing.

Competitions are offered on the regional, state, and national level.

## COMMUNITY SERVICE:

HOSA's 2018 - 2020 service project is the National Pediatric Cancer Foundation.

Service Projects: Kimberly Home, Toys for Tots, National Pediatric Cancer Foundation, etc.

Volunteering: Glam Run, ornament making, Hospice, etc.



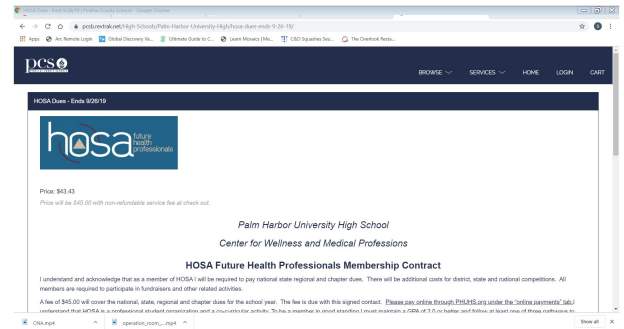
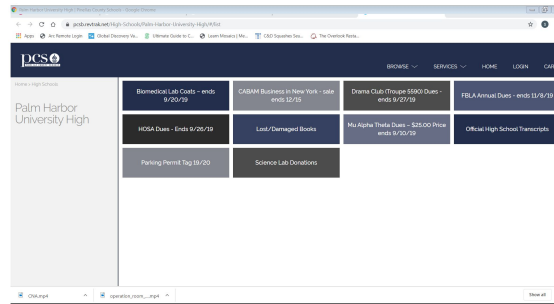
# COMPETITIONS/DUES

Competition date/location (online or in person) are TBA

For the 2020-2021 school year we have decided that only students who are planning on competing will pay dues which are \$25. A remind will be sent out when the online payment is up on our school website.

To see the different events that you can compete in go to: <http://www.hosa.org/guidelines>

Online Payments



# JOIN THE REMINDE

**UPPER CHAPTER:**

**Text @phuhosa21a to 81010**

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**LOWER CHAPTER:**

**Text @phuhosa21b to 81010**

# ACTIVE MEMBERSHIP PATHWAYS

Three ways to be an active member:

1. Attendance: Attend at least 5 meetings this school year, we are able to see who joins every live
2. Competitions: competing at regionals/states/internationals
3. Committee Participation: Be a part of a committee and help organize that project

\*Seniors must meet one of these requirements to receive their cord for graduation



# MEMBER COMMITTEES

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Members who want leadership experience or to earn their attendance may join these committees...

- Glam Run
- Scrapbook
- Fundraising



Text to the remind to join. Committees will help organize events and brainstorm activities/fundraisers for HOSA.



# HEALTH PROFESSIONS WEEK

November 14-19

Health Professions Week (HPW) brings healthcare and education professionals together to highlight the many opportunities available in the healthcare field.

HPW is a virtual fair where you can learn about over 20 different medical professions. You can ask questions live, do interactive activities, or watch the presentations whenever it is convenient for you.

To register go to <https://explorehealthcareers.org/hpw/>



# PROFESSIONS AT HPW

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- Anesthesiologist Assistant
- Audiology and Speech-Language Pathology
- Chiropractic
- Dental Professions
- Health Administration
- Medicine
- Naturopathic Medicine
- Nurse Anesthetist
- Nursing
- Occupational Therapy
- Optometry
- Orthotics and Prosthetics
- Osteopathic Medicine
- Pharmacy
- Physical Therapy
- Physician Assistant
- Podiatric Medicine
- Public Health
- Respiratory Therapy
- Veterinary Medicine



# POSTERS FOR HOSA

This year as an optional activity you can create a poster detailing facts about masks (how effective they are, which ones are the best to use, or anything you feel is important for PHU students to know)




Be creative! Create something engaging that students around school will look at.

Each poster you make = **1 medical hour**

Turn in your poster to Mrs. Zuelke's room by our next meeting (November 11th)

## How Effective Are Face Masks?

Purpose and protective effect of selected face masks

	Purpose	Effect
<p>Do it yourself mask</p> 	Protection of wearer & strangers	Generally unproven. Exhalation and droplet ejection can be reduced. Awareness of social distancing can be increased.
<p>Medical mouth &amp; nose protection</p> 	Protection of strangers	Protects against wearer's droplet ejection
<p>Filtration half mask</p> 	Self-protection	Protects the wearer from solid & liquid aerosols (nano-particles).



# MEETING DATES

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Every 2nd Wednesday of the Month

October 14th, 2020  
November 11th, 2020  
December 9th, 2020  
January 13th, 2021  
February 10th, 2021  
March 10th, 2021  
April 14th, 2021

\* If you need an excused absence from a meeting message the remind